



## University of Lincoln Students' Union Policy

### Societies Playing Sports

#### 1. One off Sporting Event

- 1.1. University of Lincoln Students Union's societies can participate in one organised sports event per semester.
- 1.2. The Society must complete an event application for the one sporting fixture per semester and must have an adequate risk assessment for each event.
- 1.3. Before the event commences the 'Participation Statement' must be read to all individuals taking part.

#### **Participation Statement**

For your information, by willingly participating in the **(Insert society name)** Sports Sessions you are choosing to recognise that there are dangers and risks to which you may be exposed.

You should understand that the University of Lincoln Students' Union nor **(Insert society name)** does not require you to participate in these activities, your choice to do so, shows you to be willing, despite possible dangers and risks.

Example of these dangers and risks are injuries or conditions including, without limitation, muscle or ligament damage, lacerations, abrasions, contusions and fractures. As well as other injuries or conditions up to and including serious injury or impairment to your body, general health and well-being.

The University of Lincoln Students' Union covers all participants (Both members and non-members of the Union) in our Public Liability Insurance. However, this does not cover you for any personal injury. If you wish to purchase sports insurance this can be done via the Students' Union website or reception. (All members of the public will require associate membership prior to purchasing sports insurance).

Your health is your responsibility. With this in mind, we have carefully considered what we can reasonably expect of each other.

### **Our commitment to you (The Society)**

- We will respect your personal decisions, and allow you to make your own decisions about what exercise you can carry out. However, we ask you not to participate beyond what you consider to be your own abilities.
- We will make every reasonable effort, in partnership with the University and Students' Union to ensure that equipment and facilities are in a safe condition for you to use and enjoy.

### **Your commitment to us (The Members)**

- You should not exercise beyond your own abilities. If you know or are concerned that you have a medical condition which might interfere with you exercising safely, before you participate in the social sport sessions you should get advice from a relevant medical professional and follow that advice.
- If you have any pre-existing medical conditions that we should be made aware of, please inform a committee member.
- You should adhere to any rules and instructions.
- You should let us know immediately if you feel ill during a session.
- If you have a disability, you must follow any reasonable instructions to allow you to participate safely.

This statement is for guidance only. It is not a legally binding agreement between parties and does not create any obligations which you or we must meet. Please fully understand this before participating.

1.4 The individuals participating can choose to purchase Sports insurance via the University of Lincoln Students Union Reception.

## **2. Society Sports Teams**

- 2.1. If a University of Lincoln Students Union Society participates in more than one sporting event per semester the Society must have a 'Society Sports Team'.
- 2.2. The Society must complete an event application for each sporting event that is taking place and must have an adequate risk assessment for each event.

The event application must be approved before any fixture/competition can go ahead.

- 2.3. Only individuals who have purchased sports insurance can participate in the activity which includes but not limited to training, competitions and fixtures.
- 2.4. The Activities Department should be provided with a team sheet at least 1 week prior to the event taking place to allow time to cross check the individual's sports insurance.
- 2.5. A team sheet can be found at the University of Lincoln Students' Union reception or on the University of Lincoln Students' Union website.
- 2.6. A secondary team sheet must be taken to the fixture in order for the opposition to complete and approve, this again must be handed in to University of Lincoln Students' Union reception before 5pm the following day for cross referencing.
- 2.7. Once the team sheets have been submitted they will be scanned into the system for later referral.
- 2.8. All internal fixtures where the students are competing against other University of Lincoln teams the Society is not required to use the assigned kit supplier.
- 2.9. All external fixtures where the students are representing the University of Lincoln against other institutions or in local community leagues will be required to wear approved kit distributed from the approved kit supplier.