

# UNIVERSITY OF LINCOLN STUDENTS' UNION

Vice President Activities Report July 2019

## **Operational Plans**

This month I have been extremely busy working on my KPI's and operational plans for the upcoming year. I have had so much support in pushing myself to stretch my ideas from my manifesto and feedback from staff members. I presented my plans to the Senior Management Team and I will be presenting my KPI's to the full staff team next month to get the ball rolling, so everyone will be able to see them very soon.

### **BUCS Conference**

Starting on the 9<sup>th</sup> of July to the 11<sup>th</sup> of July I attended the BUCS Conference in Bristol. The theme for this year aligned with their celebrations of '100 years of university sport'.

These three days were packed full of workshops, keynotes, a regional meeting and sporting activities. My favourite talks were given by Clarke and Carrie Carlisle and Ben Ryan who massively impacted my view on current topics. Clarke Carlisle, a former professional footballer who gave an honest encounter of his battles with Mental Health and the challenges that himself and his wife faced. The topic of grey words and being able to have the awkward conversations are the two of the take away points. In addition, I attended a Policy into Practise workshop with WonkHE's Jim Dickinson who gave an oversight into the results of a loneliness survey which had 26,000 student participants from the UK. The results were surprisingly high, specifically the high numbers of students who felt lonely in their 3<sup>rd</sup> year and as a result, this is something we believe is an important topic to tackle.

This conference was also a great opportunity to meet other Sabbatical Officers from other Students' Unions across the UK who are also very passionate about sports, societies and academic societies. I took part in a networking event which was good for getting an insight into the changes and topics that other Student Leaders want to make through their job roles. This conference was a great experience to share with the rest of the Student Leader team when I returned back to the office on the Friday.

#### University of Lincoln Open Day

I thoroughly enjoyed my first University of Lincoln Open day as a Student Leader. Going out and talking to potential future students really sparked my energy and enthusiasm for this role. I loved promoting our fantastic facilities, opportunities and specifically the activities department. In addition, I presented in the first Welcome Day Talk with Matthew Cragoe, which I really enjoyed. This was a daunting experience as it was in front of about 400 potential students and parents but I really enjoyed showing off what we have to offer.

### When in Office

When I have been in the office the SABBS and I have been taking part in a number of training programmes such as Prevent, Safe guarding, GDPR, and Resilience. In addition, as student leaders we took part in several training days with Jon Day, a learning and development consultant, who aided conversation and helped to challenge our prospects for the year. We have also been constructing plans for our prospective campaigns and how we can use our individual strengths for our benefit.

In addition, I have really enjoyed being a part of the staff carousels, meeting all of the different departments within our Students' Union and the University. This has been a great opportunity for myself to get to know everybody on a personal level which will help my development and progress this year.

It's already starting to look like an amazing year ahead of us!