



Lucy Krogdahl
Vice President Wellbeing and Community
November 2020

Report Summary	Over the last month I have completed the Community map and worked hard to support the wellbeing network allowing them to create some fantastic campaigns and virtual events. I have also been working closely with Student Support, the Advice Centre and the University ICT department. I have continued to build relationships with students and the community.	
KPIs	Updates	
70% of students feel that they have access to mental health support and would feel comfortable using it	Progress this month:	Due to the pandemic Peer Up is still on hold, however I have been working to create an alternative to the Twilight cafes we held during welcome week in order to create more peer to peer support. I have been working closely with the Advice centre and student wellbeing to ensure we are sharing wellbeing content that is relevant to students.
	Plans for next month:	Over the next month I plan to continue my work on creating an alternative twilight café and work closely with advice and the Wellbeing network to ensure students feel supported within the university and are aware of services they can access.
Implement a Students Union housing accreditation scheme and letting agency	Progress this month:	Over the last month we have launched our accreditation scheme website and we have had a successful housing fayre and ready to rent Campaign. I also wrote a blog all about student housing and being ready to rent. I have also began to write a guide for students in HMOs on WIFI in partnership with the University ICT department following feedback from our rep networks.
	Plans for next month:	Over the next month I plan to continue working closely with the staff so we can continue the scheme running to the best of its ability. I also hope to finish the WIFI guide I am working on and make it available to students on the website.
75% of students are aware of how to access sexual health provisions and education.	Progress this month:	I have been working to promote LISH Wednesdays at the GP surgery alongside my sexual health wellbeing champion. I have had follow up meetings with a supplier of plastic free sanitary products who already work with many universities across the UK and have since written a proposal to go to exec to make the supplier change for our venues. I have also been in touch with LISH and Passante who are keen to help but are overwhelmed due to the pandemic.
	Plans for next month:	Over the coming month I want to continue to support the sexual health lead on her campaigns, organise meetings with LISH and passante regarding SHAG now that the



Lucy Krogdahl
Vice President Wellbeing and Community
November 2020

		lockdown is over to see how we can work together to provide sexual health education to students.
Successfully launch the community map by November 2020	Progress this month:	Over the last month I have collated and cut down all the feedback given to me by students and have since produced the Community map. Alongside this I have been in touch with the organiser of the Sincil bank litter picks who will be in touch with the dates of future litter picks, we will then be able to advertise these to students. We also now have sunflower lanyards available to student in the SU advice centre.
	Plans for next month:	Over the next month I plan to continue to ensure the map is live on the website and provide the Colleges with a QR code that can be distributed to students and potential applicants. I also hope to make sunflower lanyards available to students within student support.
80% of Students feel that the Students Union supports their health and wellbeing	Progress this month:	There has been limited progress on this this month as other projects have taken priority, however I have begun to plan the content of the update.
	Plans for next month:	Over the next month I plan to continue working on the content for this ready to be implemented in the new year.
70% of students are aware of the Wellbeing network	Progress this month:	Over the last month I have been working with the wellbeing champions to support them in their online campaigns. We have also continued to recruit wellbeing champions and we now have 26 mental health, 4 sexual health and 2 physical health wellbeing champions. We have also introduced feel good Friday which is a social media in which the wellbeing champions and community officer create tips and videos surrounding their areas, this has been really exciting and successful so far and we have been able to collaborate with Lincoln city football ground on this. The wellbeing champions have also been busy signposting students and have created a series of realistic tips for students who may be isolating. By supporting them through this, we have continued to raise their profile.
	Plans for next month:	Over the coming month I plan to work with the wellbeing champions to launch a wellbeing advent calendar on social media that allows recognition of the wellbeing champions while also providing good mental health tips to students. I will also be supporting my lead physical health wellbeing champion on an online cook along event following the success of social media content he has created. Alongside



Lucy Krogdahl
Vice President Wellbeing and Community
November 2020

		<p>this I will be supporting my mental health lead on a collection for the Nomad trust.</p>
--	--	---

Student Interaction update:	<p>I have been interacting with students through phone calls to isolating students, deliveries of isolating food parcels along side facebook lives and wellbeing network catch ups and meetings.</p>
Committee and University Staff updates:	<p>In the past month I have had a mentor meeting with Julian Free, a catch up with Jacqueline mayor from student support and I have filmed a video for the universities respect charter. I have also attended my first Education and student life committee meeting, had catchups with the ICT department regarding student WIFI, attended OFS meetings and sat on interview panels for the accommodation department within the University.</p>
Any Other Business:	<p>As sabbatical officers we have undertaken finance training and PREVENT training. I also attended my first PPG meeting, I also wrote an article on student successes to go into the Sincil bank newsletter.</p>